



2nd Oct 2024 – 20th Nov 2024 (Weds, 7 Weeks)

Attachment Focused Re-Parenting

For families of children affected by early life trauma

This course is aimed at **birth parents/families** of children affected by trauma through adverse childhood experiences like domestic violence, family break-up, bereavement, parental mental health issues and/or substance misuse. It has attachment theory underpinning all modules. Topics covered include:

- Impact of trauma in early childhood
- Symptoms overlap - Autism/ADHD/Sensory Processing
- Attachment theory & Internal Working Models
- Managing Stress
- Understanding & managing behaviour
- Life story work
- Working effectively with schools
- Managing the Stress of Caring

TIME

10am – 12noon

DATE

Weds mornings

2nd Oct to 20th Nov 2024

No sessions during holidays

VENUE

Online

COST

£50 per person

**CONTACT TO DISCUSS CONTENT OR
BOOK - 07557 102623**

tas@parentingspecialchildren.co.uk

The usual cost of this course is **£250/person**. Thanks to funding from The National Lottery Community Fund, we are able to offer it at a **massively reduced price of £50/person**.

100% of parents have said they would recommend this course to others.

“Facilitators were beyond excellent. There needs to be much more of these most valuable & much needed courses” (Parent)

Parenting Special Children are a charity working with families of children and young people with special needs in Berkshire.

www.parentingspecialchildren.co.uk